

Zucchini Boats

8" zucchini, sliced lengthwise.
Steam till soft 10-15 min. Cool.
Scoop out center. Mash fine or blend.
Drain off water. Salt well. Add
salt & pepper, butter, onion, sh cheese
& bread crumbs. Top w/ parmesan
cheese and paprika

Bake 20 min 300°-350°

Zucchini Rounds

Cut zucchini (round) $1\frac{1}{2}$ in. Steam and salt well. Fill with tomato. Brown in frying pan. Sprinkle with onion + salt + pepper and seasoning. Put w/cheese, top w/cheese dried parsley + put in oven just till cheese melts.