

Salad

Beth

10 oz pre-washed spinach
1 head lettuce
1/4 cup cottage cheese
10 strips crisp bacon - crumbled
1 cup sliced mushrooms
1 cup grated swiss cheese
few frozen peas

Dressing

1/2 c oil
1/2 c red wine vinegar
1/2 c sugar
1/2 tsp dry mustard
1 tsp salt
1 tbsp poppy seeds

mix sugar, salt, mustard
and warm till dissolved.
Add vinegar and blend
in blender with oil.
Add poppy seeds and chill.