

Crasins Salad - Angie



1 pkg. fresh spinach
1 1/2 apple cut up small
Strawberries
1 pkg cranberry raisins
1/2 cup almond slivers, wet and
roll in sugar and toasted for 10
min. at 350

Dressing;
2 TBL lemon zest
2 TBL lemon juice
1 TBL mustard seed
1 egg yolk
~~1/2~~ cup sugar- 1/3
1/3 cup oil

Mix together salad ingredients, and Mix dressing and toss
lightly. use about 1/3 cup sugar, this is about right.

5 lg servings

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