

Whipped Cream

$\frac{1}{2}$ cup ice water

$\frac{1}{2}$ cup powdered milk

2 ~~thsp~~ lemon juice

$\frac{1}{2}$ c sugar or

1 tsp liq non-caloric
sweetener - or 24 saccharin

Chill small bowl & beater in frig for $\frac{1}{2}$ hr before mixing. Put ice water & p. milk in bowl. Beat until fluffy. Gradually add sugar & flavoring. Let stand a few minutes before using. Makes 1 cup.