

Egg Foo Yong

6 eggs well beaten

1 can LaChoy Bean Sprouts, well drained

1 cup chopped veal, pork, beef, chicken,
turkey, tuna, shrimp, lobsters or crab

1 small onion, chopped

$\frac{1}{2}$ tsp salt

$\frac{1}{8}$ tsp pepper

drop of soy sauce

Mix together lightly. Melt butter

in skillet - Pour $\frac{1}{2}$ c. to fry -

Serve w/ cooked rice & 3 tbsp Chinese
Brown gravy on ea serving