

Mexican Supper

3 cups instant potato flakes

1 cup dairy sour cream

2½ cups water

1 pound lean ground beef

1 tablespoon instant onion or ¼ cup ^{fresh onion} chopped

1 teaspoon salt

1 tablespoon chili powder

1 can (15 oz.) tomato sauce

1 can (12 oz.) corn with sweet peppers (Mexicorn)

½ cup (2 oz.) shredded cheddar cheese

In 9x13-inch baking dish or pan, place instant potatoes. Mix together sour cream and water and blend with wire whip. Pour over potatoes and mix

and mash into baking dish, using a little more water if needed to moisten potato flakes.

Brown ground beef with onions and spices. Add tomato sauce and corn and simmer 10 minutes. Pour mixture over potatoes and sprinkle cheese over top. Bake at 350 degrees for 25 to 30 minutes, or until bubbly hot.

Allow to set for 10 to 15 minutes, cut into squares and lift out to serve.

Makes 10 to 12

Preparation time: 15 minutes plus
30 minutes baking time.