

PLANK STEAK

PAPPY/MOM

ITALIAN DRESSING
ADOLFS MEAT TENDERIZER

PEPPER CORNS
1-1/2 to 2 INCH ROUND
STEAK

CUT FAT OFF STEAK. PUNCH HOLES IN MEAT AND TENDERIZE
AT LEAST 30 MINUTES EACH SIDE. MARINATE IN ITALIAN
DRESSING FOR AT LEAST FOUR HOURS EACH SIDE. BROIL
ON BARBEQUE 20 MINUTES EACH SIDE

SIRLOIN TIP, RUMP ROAST ALSO MAY BE USED