

## Mulled Grape Frost

3/4 c sugar	8 in stick cinnamon
1 1/4 c water	12 cloves
1/4 t nutmeg	1 can (12 oz) grape juice
1 Tbsp grated orange peel	1 can water
4 t grated lemon peel	1/3 c orange juice
4 inches crystallized ginger	1/4 c Lemon juice (pineapple sherbet)

Combine sugar, orange, lemon peel and blend. Add water, nutmeg, ginger, cinnamon and cloves: very low simmer for 30 min. Leave all spices in liquid and cool. Remove stick cinnamon and cloves and blend in blender well. Stir in juices. Chill thoroughly. Put scoop of pineapple sherbet in bottom of dish. Shake grape frost well and pour over sherbet.  
(3 recipes makes one gallon)