

MULLED GRAPE FROST

MOM

3/4 CUP SUGAR
1-1/4 CUPS WATER
1/4 TEAS NUTMEG
1 TBSP GRATED ORANGE PEEL
4 TEAS GRATED LEMON PEEL
4-INCH PIECES CRYSTALLIZED
GINGER

8-INCHES STICK CINNAMON
12 CLOVES
4 CUPS GRAPE JUICE (I use frozen)
1/3 CUP ORANGE JUICE
1/4 CUP LEMON JUICE
1 QUART PINEAPPLE SHERBET

*1 can water w/ grape juice.
instead of 3*

COMBINE SUGAR, ORANGE AND LEMON PEEL AND BLEND. ADD
WATER, NUTMEG, GINGER, CINNAMON, AND CLOVES: SIMMER
(very low simmer) FOR 30 MINUTES. LEAVE ALL SPICES IN LIQUID
AND COOL. REMOVE STICK CINNAMON, CLOVES AND CUT
GINGER INTO TINY PIECES. STIR IN JUICES. CHILL THOROUGHLY.
PUT SCOOP OF SHERBET IN BOTTOM OF GLASS. SHAKE GRAPE
JUICE WELL AND POUR MIXTURE OVER SHERBET.

DELIGHTFUL FOR A LIGHT DESSERT

Pineapple Sherbet

*~~1 recipe~~
2 quarts
2 recipes
9 1/2 cups*