

BANANA FRAPPE

MY MOTHER/MOM

6 MEDIUM BANANAS	2 CUPS SUGAR
1 CUP LEMON JUICE	4 CUPS WATER
1 CUP ORANGE CONCENTRATE	7-UP
(frozen orange juice)	

I PREFER TO MASH THE BANANAS WITH A POTATO MASHER AS I LIKE LITTLE CHUNKS OF BANANAS. ADD LEMON JUICE AND ORANGE JUICE IMMEDIATELY SO BANANAS WON'T TURN DARK. ADD SUGAR AND WATER. YOU MAY HEAT WATER AND SUGAR TOGETHER FIRST TO DISSOLVE THE SUGAR. FREEZE TO SLUSHY CONSISTENCY. ADD 7-up AND SERVE