- 1 CUP CRUSHED PINEAPPLE
  1 CAN GRAPEFRUIT (segments flaked)
- PUT ON THE HEAT 1 CUP SUGAR AND 2 CUPS WATER. SIMMER 5 TO 10 MINUTES OR UNTIL SUGAR IS DISSOLVED. COOL. ADD FRUIT. FREEZE TO SLUSH.

PUT SLUSH IN GLASS ABOUT 2/3 FULL AND THEN POUR 7-UP OVER. STIR AND SERVE.

MAY BE GARNISHED WITH A CHERRY IF SO DESIRED