

BANANA-STRAWBERRY FRAPPE

PHYLLIS/MOM

3 CUPS SUGAR

1 QUART WATER-----Heat until sugar is dissolved, cool

1-1/2 CAN PINEAPPLE-GRAPEFRUIT JUICE (46 oz size can)

1-6 OZ CAN FROZEN ORANGE JUICE (NO WATER)

1-6 OZ CAN FROZEN LEMON JUICE (NO WATER)

3 LARGE BANANAS, MASHED--NOT PUREED

1 POUND FROZEN SLICED STRAWBERRIES (PUREED)

2 QUARTS 7-UP

MIX ALL INGREDIENTS TOGETHER, EXCEPT 7-UP, AND FREEZE

SERVE SLUSHY WITH 7-UP POURED OVER IT